

## Weekly Diary

Week Starting:

	<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
7	(Sleep)	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	(Sleep)
8	(Sleep)	Chores	Shopping	Chores	Chores	Computer	(Sleep)
9	Breakfast	Phone	Phone	Phone	Phone	Rest	Breakfast
10	Computer	Computer	Computer	Computer	Computer	Rest	Laundry
11	Rest	Rest	Rest	Rest	Rest	Doctor	Rest
Noon	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
1	Visit friends	Work	Work	Work	Work	Chores	Phone
2	Friends	Work	Work	Work	Work	Computer	Shopping
3	Computer	Work	Work	Work	Work	Rest	Rest
4	Phone	Work	Work	Work	Work	Rest	Housecleaning
5	Rest	Rest	Rest	Rest	Rest	Phone	Rest
6	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner out
7	Call parents	Computer	Computer	Computer	Rest	Computer	Dinner out
8	TV	Walk, TV	Walk, TV	Walk, TV	Walk, TV	TV	Rest
9	TV	TV	TV	TV	TV	TV	TV
10	Bath & Bed	Bath & Bed	Bath & Bed	Bath & Bed	Bath & Bed	Bath & Bed	Bath & Bed (11 pm)